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# Thematic Breakout 1

# Adolescent Friendly SRHR, Long talked yet unfinished

**Sophee Niraula**  
**Sajja Singh**



## Recommendations

- **Joint monitoring of adolescent friendly center using quality improvement and certification tool**
- **Need more collaboration and partnership among ASRH partners for effective implementation of app on mobile health on ASRH in order to reach out universal ASRH information to the mostly marginalized and disable adolescent.**



- **Demand creation for behavior change and enabling environment**
- **Special service for the underprivileged and marginalized group.**
- **Documenting the process providing ASRH information through adolescent friendly information centers.**



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# Thematic Breakout 2

# Promoting Healthy Lifestyle and wellbeing

**Eunisa Munankarmi**  
**Muna Kc**



## Recommendations

- **Enhancing capacity of public sector by providing various trainings for teachers to solve adolescent related problems.**
- **Government initiation through monitoring, capacity building and awareness for the adolescents.**

- **Focus for adolescents for healthy lifestyle and wellbeing of adolescents.**
- **Nutritional program through multi-sectoral approach.**
- **Comprehensive care package for adolescents (Locality based , cultural based, pooled fund, avoiding duplication).**



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# Thematic Breakout 3

## Ending Child Marriage and preventing early pregnancy: My buddy my choice!

Sharmila Acharya  
Samata Shrestha



## Recommendations

- **Increase easy access to equitable and quality health services to adolescents in order to improve their financial conditions.**
- **Coordination from multi-sectors at national level with defined roles and activities along with holding accountability for people and stakeholders involved in steps of implementation.**





- **Develop the networks of adolescent girls and boys who are against child marriage from central level to community level.**
- **Strong anti-dowry and anti-child marriage bills to be formulated and implement them sincerely.**
- **Influential religious leaders and social workers could be mobilized as ambassadors for child development.**



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# Thematic Breakout 4

## Adolescent and Youth leadership under the tent: learning from Nepal earthquake

**Nimlekee Sherpa**  
**Sudip Lamichhane**



## Recommendations

- Invest in rigorous evaluation and implementation research to inform evidence based ASRH program.
- Develop a roadmap to improve national coordination system for future emergencies, and sustain these efforts through existing national strategies/



## Recommendations

- **Meaningful participation and leadership of adolescent along the disaster management program cycle beginning with adolescents in VDC**
- **Strengthen preparedness efforts through focused and strong capacity building at all levels along the ecological model considering the specific needs of adolescents**



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## Recommendations

- **Develop an integrated information management system, not just health MIS but also social.**